

2002 School Health Education Profile (SHEP)**Lead Health Education Teacher - Overall Results for ESD 121**

	ESD 121 n=57	State n=188
1 Is a health education course required for students in any of grades 6 through 12 in this school?		
Yes	84%	83%
2 During this school year, have teachers in this school tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12?		
Alcohol or other drug use prevention	98%	97%
Tobacco use prevention	100%	98%
3 During this school year, have teachers in this school asked students to participate in each of the following activities as part of a required health education course in any of grades 6 through 12?		
Identify and analyze advertising in the community designed to influence health behaviors or health risk behaviors	72%	61%
Advocate for a health-related issue	52%	41%
Complete homework assignments with family members	72%	69%
4 During this school year, did teachers in this school teach each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12?		
Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)	100%	97%
Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)	98%	95%
Risks of cigar or pipe smoking	80%	78%
Short- and long-term health consequences of using smokeless tobacco	98%	91%
Benefits of not using smokeless tobacco	96%	90%
Addictive effects of nicotine in tobacco products	98%	93%
How many young people use tobacco	96%	87%
The number of illnesses and deaths related to tobacco use	96%	88%
Influence of families on tobacco use	96%	85%
Influence of the media on tobacco use	96%	89%
Social or cultural influences on tobacco use	85%	82%
How to find valid information or services related to tobacco use cessation	76%	69%

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Making a personal commitment not to use tobacco	70%	57%
How students can influence or support others to prevent tobacco use	89%	80%
How students can influence or support others in efforts to quit using tobacco	87%	78%
How to say no to tobacco use	93%	89%
The health effects of environmental tobacco smoke (ETS) or second-hand smoke	98%	93%
5 During this school year, in which of the following grades was information on tobacco use prevention provided?		
6 th grade	80%	79%
7 th grade	70%	82%
8 th grade	84%	79%
9 th grade	73%	84%
10 th grade	75%	79%
11 th grade	62%	62%
12 th grade	61%	61%
6 Are required tobacco use prevention units or lessons taught in each of the following courses in this school?		
Science	22%	20%
Home economics or family and consumer education	33%	34%
Physical education	18%	30%
Family life education or life skills	27%	35%
Special education	16%	16%
7 During this school year, have any health education staff worked with each of the following groups on health education activities?		
School health services staff (e.g., nurses)	75%	74%
School mental health or social services staff (e.g., psychologists, counselors, and social workers)	71%	69%
Community members	63%	59%
8 During this school year, has this school done each of the following activities?		
Provided families with information on the health education program	82%	76%
Met with a parents' organization such as the PTA or PTO to discuss the health education program	13%	21%
Invited family members to attend a health education class	53%	43%

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9 During the past two years, did you receive staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on tobacco use prevention?		
Yes	47%	37%
10 Would you like to receive staff development on tobacco use prevention?		
Yes	61%	58%
11 Including this school year, how many years have you been teaching health education?		
1 year	7%	9%
2 to 5 years	38%	33%
6 to 9 years	18%	18%
10 to 14 years	11%	13%
15 years or more	27%	27%